

# GT SIT

**CAMP**  
**Safety**  
TM ®



## 216501 GT SIT

The GT Sit represents a step forward in comfort for rope access workers.

The harness was developed from the findings of our "SOSPESI" research program which gave us new insights on suspension trauma. The innovative connection between the waist belt and leg loops makes the GT Sit comfortable both during suspension and on the ground. The padding uses variable thicknesses and stiffness to provide the right amount of support and comfort for every part of the body.

Patented ventral attachment features two loops: the upper loop is for attaching a chest harness and chest ascender and the lower loop holds the ventral D-ring for attaching lanyards and rope tools.

Patented STS automatic buckles on the leg loops.

3 aluminum alloy attachment points: 1 ventral for suspension and 2 side for positioning and restraint.

Webbing loop for restraint on the back.

Designed for use in combination with the GT Chest (ref.216601), with front and back connection points, to make a full body fall arrest harness.

2 sizes.

ROPE ACCESS

TOWERS/INDUSTRY

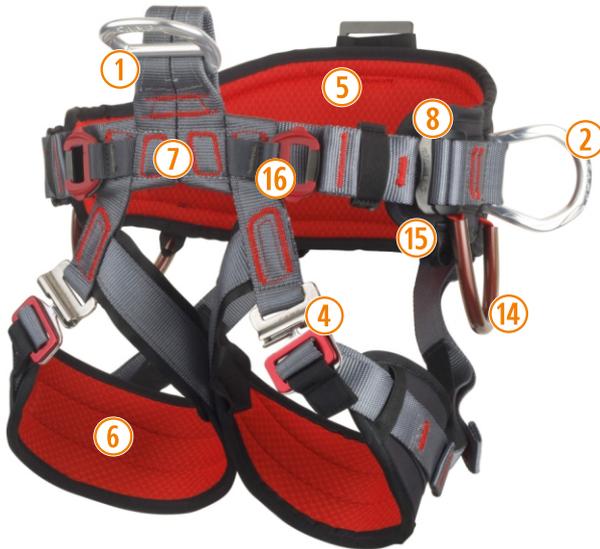


### GT SIT + GT CHEST



Ref.	Product name Nombre del producto	Size Tallas	Weight Peso		Waist Cintura 	Legs Pernas 	CE		EAC	Attachment points Puntos de anclaje 
			g	oz			B (cm)	C (cm)		
216501	GT SIT	S-L	1360	48.0	80-120	50-65 60-75	•	•	•	
		L-XXL	1420	50.1	90-140					

**GT SIT**



- ① New aluminium alloy ring for ventral attachment point, EN 813 certified. Patented ventral attachment features two loops: the upper loop is for attaching a chest harness and chest ascender and the lower loop holds the ventral D-ring for attaching lanyards and rope tools.
- ② New aluminium alloy positioning ring, EN 358 certified.
- ③ Back attachment point for work positioning, certified according EN 358.
- ④ Patented STS automatic buckles on the leg loops.
- ⑤ Triple-layer belt padding: comfortable 3D mesh inside. Additional rigid foam on back load areas.
- ⑥ Double density leg-loops padding: stiffer on the back for load support, softer on the groin area for comfort. 3D mesh inside. Large contact area for pressure distribution.
- ⑦ The innovative connection between the waist belt and leg loops makes the sit harness comfortable both during suspension and on the ground.
- ⑧ New easy-to-adjust buckles made from carbon steel.
- ⑨ Polyester belt webbing, 44 mm wide.
- ⑩ Polyester leg-loop webbing, 33 mm wide.
- ⑪ Back leg-loops connection webbings adjustable in length with the new buckles.
- ⑫ Buckle for "GT Chest" fastening.
- ⑬ Webbing system for fastening "HUB" ref.0910 gear-carabiner (supplied separately).
- ⑭ Two large side gear loops.
- ⑮ Two small side gear loops each side, for fastening Tool Bag ref.2195 and tool lanyards Sawyer ref.2151 or Tooler ref.2150.
- ⑯ Patented "Sicura" buckles for fastening "Access Swing" Ref.1963.
- ⑰ Webbing loop for "Access Swing" fastening when not in use.

# GT SIT + GT CHEST 216501 + 216601

## GT CHEST



- ① New fall arrest aluminium alloy rings (front and back) certified according EN 361, suitable for the connection of a shock absorbing lanyard or a fall arrest device.
- ② The structure and padding have been shaped for optimal ergonomics, especially on the neck.
- ③ Triple-layer padding: comfortable 3D mesh, robust intermediate foam, external protective mesh.
- ④ Polyester webbings, 44 mm wide.
- ⑤ New carbon steel buckles for fast adjustment.
- ⑥ Patented "HMS Belay Lock" ref.1176 connector, equipped with anti-rotation lever. Detachable. Made of aluminium alloy. To be connected to the sit harness "GT Sit".
- ⑦ Back connection system to "GT Sit".
- ⑧ Webbing system for chest ascender fastening.



Ref.	Product name Nombre del producto	Size Tallas	Weight Peso		Height Altura	CE	EAC	Attachment points Puntos de anclaje
			g	oz				
216601	GT CHEST	S-L	610	21.5	55-75	EN 361	•	•
		L-XXL	650	22.9	65-85			

