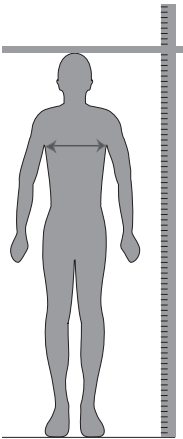


# Selecting the right size

In the absence of a universal European sizing standards, the table below is a useful guide. It does not however replace actually trying the garment on, with the appropriate amount of thermal layers underneath, in order to be as close as possible to your normal conditions of use.

Adult body measurements, unisex Seawear and fleece	XS	S	M	L	XL	XXL
Height	> 1.50 m > 5'	> 1.60 m > 5'3"	> 1.70 m > 5'7"	> 1.75 m > 5'9"	> 1.85 m > 6'1"	+1.85 m +6'1"
Chest	> 85 cm > 33 1/2"	> 90 cm > 35 1/2"	> 95 cm > 37 1/2"	> 105 cm > 41 1/2"	> 110 cm > 43 1/2"	+110 cm +43 1/2"



## XM garment care

To ensure a high level of garment performance and good looks, we recommend that you follow strictly the instructions for care, as indicated on every garment.

Rinse with fresh water after use at sea : salt is a dessicant and attracts moisture, creating a cold clammy feeling when putting the garment on. Do not dry close to heat or in the sun. Before stowing your garment, do make sure it is perfectly dry.

### OCEAN, OFFSHORE, COASTAL, YACHT



Hand wash 30° C max. and rinse thoroughly.



Do not use softener,  
nor chlorine.



Do not spin.  
Do not iron.



Do not tumble dry.  
Do not dry clean.  
Allow to dry, away from sunlight.

### FLEECE TOPS, TROUSERS AND SCARF



Machine wash 30° C max. (soft programme).



Do not use softener,  
nor chlorine.



Do not iron.



Do not dry clean.  
Machine dry at low temp.

